



CENTER FOR HEALTHY SEX

Alexandra Katehakis, Clinical Director

Women's Intimacy Groups

- *Feel better about your romantic relationships*
- *Learn to stop settling for too little in your relationships*
- *Experience authentic emotional intimacy in your sexual relationships*

Center for Healthy Sex offers **Intimacy Process Groups** for women who are ready to experience more fulfilling levels of intimacy and healthy sexuality in relationships.

- **Learn to understand and honor an authentic self within relationships**
- **Stop patterns of confusing and painful sexual and/or intimate relationships**
- **Deconstruct four cultural beliefs about sex, love, and femininity**
- **Emotionally evocative and intimately honest therapeutic work**

These monthly drop-in groups will be held on the following Fridays
6:30pm to 8:30pm

February 4th

March 4th

April 1st

May 6th

\$60.00 per person for each group.

We invite you to call CHS to register or for more information.

Tel: 310-843-9902

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Recover Your Sexual Health™

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